

Hoping all the care and kindness you give to others always comes back to you. Wishing you a wonderful holiday season and a Happy New Year!



#### IN THIS ISSUE

#### **Committee News**

Introduction to the new and current committee team

#### **Association News**

Conference 2023, NMBI update, up and coming education series and the Bernie Carpender Bursary plans

#### **Members News**

What is happening in the national ANP world?

# News from the Committee

By Caroline Fraser, Deputy Chair

At the AGM, the IAANMP said a farewell to former committee members including Aidan Fallon and the previous chairperson Aidan Foley. Both were thanked for their on-going commitment and hard work during their time on the committee. Their valuable contributions and dedication made a meaningful impact. New members were welcomed onto the sub-committee including Amanda O'Halloran (RANP in Plastics), Gemma Smyth (cANP in Intellectual Disability), Kathleen Canavan Moran (RANP in Cardiothoracic) and Kevin McLaughlin (RANP in Mental Health).

Melissa Hammond was elected as the new chairperson of the committee. She qualified as a registered general nurse in 2004 and completed a higher diploma in Cardiovascular and Critical Care specialist nursing in Trinity College Dublin and in St James' Hospital. She specialised in intensive care and cardiology nursing, and moved into a Clinical Nurse Specialist role in Heart Failure. She helped launch the HF Virtual Consultation Clinics between secondary and primary care.



This is where she saw the potential impact of an ANP role in General Practice. In 2018, she progressed on to complete her masters in science at University College Dublin for advanced practice and nurse prescribing. Melissa moved into General Practice in May 2022 where she is now working as a registered Advanced Nurse Practitioner and has a special interest in Chronic Disease Management, Health screening and Preventative Medicine.

Melissa is passionate about the impact of nursing, in particular the ANP role, and she has a vision to promote true understanding of the advanced practice role within healthcare and nationally. She is an active member in the General Practice ANP Ireland group and is on the steering committee advocating for ANPs in General Practice. She has vast experience and can offer an understanding of the advanced practice journey in both primary and secondary care, within public and private settings. Melissa is looking forward to the next year to help further enhance the voice of all advanced practitioners in Ireland as chair of the IAANMP.

The following members were re-elected to remain in their retrospective positions:-

Caroline Fraser – Deputy Chair

Dona Cromar – Secretary

Audrey Butler – Treasurer

Following on from the AGM and first committee meeting, Fiona Colbert has now been co-opted as co secretary with Dona Cromar.

Deirdre Gleeson, Trish McKeown, Roisin Lennon and Susan McKenna will remain as members of the sub-committee. Biographies for each committee member can be viewed here <a href="Ihe IAANMP Committee">Ihe IAANMP Committee</a>

The committee are delighted to announce that there is representation from the following specialities:-

- Acute Hospitals (Emergency/IU, Orthopaedic, Rheumatology, Cardiology, Cardiothoracic, Plastics)
- Primary Care
- Maternity
- Intellectual Disabilities
- Mental Health
- Private

We are seeking a Paediatric ANP to join our committee to represent this speciality. If you are interested in joining the committee, please send an email to <a href="mailto:info@iaanmp.com">info@iaanmp.com</a>



# News from the Association

By Melissa Hammond, Chairperson

### Conference 2023

The year's annual conference was held in the Midlands Park Hotel in Port Laois. It was an enormous success and a fantastic opportunity to network and showcase the diversity of advanced practice all over the country.

We had 180 attendees on the day, and the success of the day would not have been possible without the support of the ONMSD. It was a pleasure to have our keynote speakers from the offices of the CNO, the DOH and the HSE present.

The 3 clinical snapshots truly illustrated the fundamentals and diversity of advanced practice from Mental Health, Care of the Older Person to Pain management. They captured the impact advance practitioners have on health care and their patients. There were also 26 fabulous posters on display and the ONMSD had the difficult duty to judge and chose the winning posters. Well done to all the candidates who entered. The 3 clinical snapshots and winning posters can be found in our new resource page on our website for anyone who may have missed them. Click to access our Resource folder

As part of our annual conference, we invited members to the AGM. This is a great time to become involved with your association and help plan for the year ahead. The AGM minutes are available on our website now for viewing. Following the AGM, we ended the day on a high note with Dermot Whelan, who gave us some tips and tools to add meditation techniques into our daily routine along with a good laugh.



Thanks to everyone who helped make this day an immense success. Please remember to complete our evaluation on survey monkey as your feedback is essential for us to plan the next event:

Evaluation survey from our Conference 2023



# Education plans for 2024:

IAANMP will be planning an webinar educational series on publication tips for advance practitioners given by Dr Emily Lockwood (PhD (Research), RANP, RNP, RGN, MSc Nursing Science, MSc Advanced Practice, BSc, HDip nursing).



Dr Emily Lockwood is a member of the ICN NP/APN Alumni and has been involved in ANP in Ireland since 2004. Dr Lockwood is a full-time lecturer and programmer lead for General Nursing (Clinical) in University College Cork (UCC), is an academic supervisors for ANPs MSc Dissertations and is currently moving into PhD supervision in University College Cork. Her postdoctoral work and successful research grant is focusing **ANP** clinical autonomy, organisational culture gender considerations in advanced practice and general nursing.

Some of Emily's lecturing includes advanced nursing practice, clinical Leadership in Practice Enhancement for Nursing and Midwifery, and advanced research methods. Emily has agreed to cost neutrally support the IAANMP in the educational webinars for IAANMP members in the educational series the IAANMP is facilitating.

We are really grateful and looking forward to this up and coming series, hoping to start in March.

We ask our members to please use the below link as an opportunity to express any educational ideas, suggestions, topics you would like us to cover over the coming months and feedback on what you would like from your membership before the 15th January please membership ideas survey

# NMBI update:

The NMBI are currently progressing the details of a framework to monitor the maintenance of professional competence. It is envisaged that this framework will be flexible, practical and proportionate and will be based on the requirements of the Nurses and Midwives Act 2011 (as amended). The framework will have emphasis on the principles of patient safety, effective quality care and best practice.

Once the framework is operational, nurses and midwives will be required to demonstrate to NMBI how they maintain their competency through continuous professional development (CPD). It is proposed that nurses and midwives will be have to complete a minimum of 60 hours over 3 years (average 20 hours CPD per year) through the development of an annual learning plan.

#### Advanced Nurse/Midwife Practitioner

Nurses and midwives have a duty to maintain their professional competency; however nurses and midwives who have expanded as ANPs or AMPs assume the responsibility of this role and will require additional support in maintaining their capability to work at an advanced level.

Committee members from the IAANMP were invited to take part in a focus group with NMBI Project Officers on Thursday 30<sup>th</sup> November, 2023 as part of the pre-consultation stage. The meeting was very engaging and productive.

It is proposed that public consultation will occur on 11<sup>th</sup> December 2023 until 29<sup>th</sup> January 2024. The initial rollout of the framework will be introduced in quarter one of 2025 on a voluntary basis with full rollout of the NMBI Professional Competence Schemes during 2028.

### OMNSD update:

The Office of the Nursing and Midwifery Service Director (ONMSD) National Advanced Nursing and Midwifery Practice Network Group are pleased to announce the launch of the Advanced Nursing and Midwifery Practitioners Continuing Professional Development Webinar Series.

This programme will be presented as a lunchtime webinar series from January to May and September to December 2024. The first webinar of the series will go live on January 10th 2024.

Please see the attached flyer outlining the programme schedule for January to May 2024 and details for registration. Bookings are now open.

Queries in relation to the programme can be sent to Deirdre.halford2@hse.ie



Office of the Nursing &

**ONMSD Continuing Professional Development Programme Webinar Series for Advanced Nursing & Midwifery Practitioners** 

#### **Programme Aim**

The aim of the programme is to support and enhance the knowledge, skills and professional development of Advanced Nursing and Midwifery Practitioners.

#### **Programme Audience**

Open to Advanced Nursing and Midwifery Practitioners and those with an interest in Advanced Practice.

#### **Programme Content**

- Care System
- · Medicinal Prescribing & Referral for Ionising Radiation
- · Clinical Indemnity
- · Digital Transformation
- · Governance- Roles and Responsibilities
- Innovation
- · Leadership, Negotiating & Influencing
- Service User Engagement &
- · Minding your Wellbeing.

#### **Programme Registration**

Registration will open on the 04/12/2023.

Opening Webinar is on the 10/01/2024.

To register please CLICK HERE or scan this QR code.

Choose one or more webinars to attend.



#### **Programme Delivery**

This programme will be delivered online via the Webex platform from: January to May and September to December 2024. Time 12:30-14:00 hrs.

All sessions will be recorded & made available on HSELand.

Nursing and Midwifery Planning & Development Officer on behalf of the ONMSD Advanced Practice Network Group

**NMBI Category 1 Approval Pending** 

# Bursary information:

The first Bernie Carpenter Education Bursary was awarded to Tara Byrne Respiratory ANP in Portiuncula Hospital, Ballinasloe for her work on 'Digital Health Technology in the Ageing Respiratory Patient'. The bursary allowed Tara to travel to the European Respiratory Society International Congress in Milan in September to expand her knowledge and to share her research on an international platform.

The bursary award was established in memory of one of the founding members of our Association. Bernie sadly died in March 2021. The award recognises Bernie's lifelong commitment to nursing and in particularly Nurse Education.

The Irish Association of Advanced Nurse & Midwife Practitioners (IAANMP) is inviting applications from its membership to avail of an Educational Bursary. This initiative is to support members to attend a conference/ seminar or conduct a research project of their choice within a calendar year of receipt. The Bernie Carpenter Perpetual Bursary will be awarded to one IAANMP member up to a total value of €1000.

The aim of this bursary is to promote members experience of relevant conferences and to evaluate the benefit. This is a tremendous opportunity for members to avail of the expertise and advanced research from fellow International and National Health Professionals working within their arena.

For further details on the education bursary and how to apply, follow the link **Bursary** information

# News from our members

We asked our members to share some of the work going on nationally within advanced practice. Here is a few submissions we received:

# News from Urology ANPs:

We are pleased to inform you that the urology nursing journal and research club in UHG, a clinical academic partnership between the urology nursing department and the University of Galway, has recently completed a research study focusing on patient-reported enablement after consultation with Advanced Nurse Practitioners. The research has been published in the Journal for Nurse Practitioners and can access the full open access publication on this link

The urology nursing team from the University Hospital Galway, led by ANPs, and in collaboration with researchers from the School of Nursing and Midwifery, University of Galway, conducted a cross-sectional study to measure patient enablement and satisfaction after receiving care from an ANP in urology. This study is an output of our journal and research club, a clinical academic partnership between the urology nursing department at the University Hospital Galway and the School of Nursing and Midwifery in the University of Galway.

Patient enablement, a key patient-reported experience measure, reflects the patient's understanding of their illness, confidence in their health, and ability to care for themselves. It is important because it captures the patient's sense of empowerment and autonomy in decision making, central to person-centered care. Furthermore, it measures the added value of advanced practice nurses, who can promote enablement through their holistic, individualised, and relationship-based approach to care.

This concept is linked to improved patient outcomes and captures the quality and impact of health care delivery from the patient's perspective.

The study found that patients attending the ANP-led urology clinics reported a high level of enablement (79.4%) and satisfaction (88.6%) with the nursing care received. The total score on the Patient Enablement and Satisfaction Survey Advanced Nurse Practitioner (PESS-ANP) measure was 87.57%, indicating a high patient experience in terms of enablement and satisfaction. The study also demonstrated good internal reliability of the PESS-ANP tool for measuring patient enablement and satisfaction in urology.

The study demonstrated that ANPs in urology play a valuable role in enhancing patient enablement and contributes to the growing body of literature on the impact of ANPs on patient outcomes. The authors suggested that patient enablement should be a core concept in advanced practice nursing curricula and a key outcome measure for evaluating the effectiveness of ANP care delivery. The study also provided evidence to inform health policy and support the continued expansion of ANP roles.

Well done to Robert Mc Conkey and the team in Galway. Excellent work on proving the impact of ANPs using evidence based care...

#### News from a General Practice ANP:



Pamela Mc Cann is a Registered ANP in General Practice who wrote to us to let us know about their group coming together to help raise awareness of the ANP role in General Practice. This role is relatively new to GP and currently there are approximately 42 c/RANPs nationally working in General Practice. Most are trained via GP, but more are coming from secondary care, which is very much welcomed. She feels it's an amazing fulfilling diverse role, and strongly believes that more ANPs are needed in the community. Especially if Slaintecare is shifting patients to 'the left', and trying to keep patients out of hospital. General practice has a huge remit of patients in the integrated model of care. ANPs in general practice believe that advanced nursing roles are in paramount positions to bridge the gap between secondary and primary care services.

The last 8 months have been nothing short of a whirlwind for GP ANPs! It started with simply coming together as a group to prioritise raising awareness of our role as very new to the general practice arena. A domino of events pursued, and before they knew it, they were sitting around the table with the Minister of Health, Stephen Donnelly, the Irish College of General Practitioners (ICGP) Board of Management, along with Rachel Kenna, our Chief Nursing Officer (CNO) and her team, and the Nursing, Midwifery Board of Ireland and they are still actively engaging with anyone that would listen!





Plans for the coming months include continuing to engage with our Nursing bodies, collect our data as a group to build our patient profile and capture our impact. Pamela expressed that ANPs in GP urgently need Nursing representation. Working at the maximum clinical level of our scope, we need to feel a scaffolding of support in order to protect ourselves and our patients.

ANPs in General Practice will continue to 'integrate' ourselves as much as possible into the health system. They have recently started monthly Grand Rounds with Heart Failure and Cardiovascular ANPs. This is exciting and invaluable in terms of learning for all involved. It is something that has potential in other areas of chronic disease. They strongly believe true integration of the health system will, without doubt, be nurse driven and nurse led.

Wishing Pamela and the team of ANPs every success on their journey to developing and capturing the ANP role in general practice!

# News from a Gynae Oncology Survivorship ANP:



Ashley Lilly started in St. James hospital Dublin in January of this year as Gynae Oncology Survivorship ANP. Before that she worked 5 years in the UK setting up a Haematology ANP service in Kings college Hospital London.

The focus of Ashley's role is to improve survivorship care for our patients. She has introduced the 'My gynaecology patient passport' which is a resource for patients that they will receive on diagnosis. This will be filled out by both the patients and input from our health care professional team. It has information regarding their diagnosis, treatment plan, supportive advice on preparing for and recovering from treatment as well as other survivorship support and resources.

Ashley has also introduced an **ANP** led survivorship clinic in which every patient diagnosed with a Gynae cancer are seen within 6 months of their diagnosis, or once they have completed initial treatment. The clinic will use the Macmillan holistic needs assessment to structure the consultation, they are going to be the first centre outside the UK to be able to use the eHNA meaning the patient can choose to have a virtual appointment or a face to face appointment. Another development introducing 'Fear or Reoccurrence' workshops for Gynae patients along with the Psych Oncology team to provide support for our patients regarding the anxiety around their disease returning.

We wish Ashley and her team the best of luck in this ner service. This passport is a fantastic resource to help support patients and their families going through a difficult time...

#### News from Critical Care ANPs:

The Critical Care Advanced Nurse Practitioner (CCANP) service is a team of experienced ICU nurses, who were recently nominated for Clinical Team of the Year at the Irish Healthcare Centre Awards 2023. Their service is purpose driven and results focused which aims to reach out to staff; supporting, engaging and empowering them to improve access and egress for critically ill patients to intensive care across St James's Hospital campus.

This ensures the right patient in the right place with the right people at the right time.

Year in, year out they have made steady progress in meeting our NOCA KPIs, and this year they have reached those targets; ensuring 64% of critically ill patients are admitted to ICU in less than 1 hour, and 98% of patients were admitted within 4 hours.



The team is committed to facilitating Simulation based education throughout St James's Hospital, improving communication, inter-professional team work and building staff capability in caring for the deteriorating patient. This high fidelity in-situ training includes Sepsis Escape Rooms, Tracheostomy airway emergencies and Inter-Departmental Simulation.

Staff have reported positive experiences from this service such as: "You've given me confidence" and this is an opportunity to make mistakes in a safe environment and learn from them".



The team are invested in quality improvement and lead on a number of Quality Improvement projects. These include the Antibiotic DE-Labelling in ICU (ADE-ICU), an ANP team led PICC service and a post ICU Patient Recovery clinic, set to start in January, to name but a few.

"We work in teams; we train in teams"



Best of luck and congratulations to Louise Mullen and her team at St James's Hospital proving the positive impact of ANP led services...



#### News from HF ANPs:

Nicola Fahy is an ANP in the Galway integrated Heart Failure service and works along side Emer Burke. They share their clinical workload focusing mainly on discharges from GUH and referrals out from consultant led services in Cardiology and Heart Failure.

Their ANP service has seen some change in the last few years with the introduction of Emer's role two years ago and nicola's almost a year ago. Earlier this year they compiled a poster presentation showcasing the impact of Emer's ANP caseload in 2022 and the vision for 2023; to view follow this link to the resource folder for HF service poster

One impactful statistic is that in 2022 there was 105 referrals to Emer's ANP led Heart Failure service. With the addition of second role numbers have almost doubled and currently stand at 193 for year to date 2023. In addition historically patients were discharged to consultant led HF OPD and the introduction of ANP role has allowed for rapid review post admission in line with the National Model of Care for Heart Failure 2021.

In 2022 25% of referrals to ANP were post discharge whereas in 2023 this number has increased to 52%. Their turn-around time from discharge to first review is 7 days for all patients which again aligns to the National MOC.

Fantastic work on ensuring guideline practice is implemented utilizing the value of ANP delivery of care. Well done!

#### Message from your committee:

Wishing all our members a Merry Christmas. We hope you get to enjoy some time away from your hard work and down time to relax and spend time with family and friends...

